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Bulletin of St Ignatius Parish: Supplement for 17 March 2019

LENTEN RECONCILIATION SCHEDULE at St Ignatius and Nearby Parishes

DATE	DAY of the WEEK	TIME	PARISH
April 2	Tuesday	7:00pm	*Holy Rosary
April 5	Friday	4:00pm	St Ignatius
April 6	Saturday	9:45am	St Ignatius
April 10	Wednesday	9:30am	*Our Lady of Perpetual Help
April 12	Friday	4:00pm	St Ignatius
April 13	Saturday	9:45am	St Ignatius
April 17	Wednesday	7:00pm	*St Gianna's



LENTEN FAST & ABSTINENCE, ALMSGIVING, and PENANCE

Latin Church Catholics are to observe fasting and abstinence during Lent under terms of the 1983 *Code of Canon Law*.

- **ABSTINENCE:** Catholics aged 14+ are expected to abstain from meat on all Fridays of Lent (and on Ash Wednesday). Eggs & fish don't count as meat.
- **FASTING:** Catholics aged 18-59 are expected to fast (one full meal and two "snacks" that don't add up to a full meal) on Ash Wednesday and Good Friday. Non-alcoholic drinks such as water or juice don't count as food, but liquids used as food – such as soups or smoothies – do.
- When you have a medical condition or are pregnant, travelling, or under unusual stress, these requirements may be relaxed.

In addition to fasting and abstinence, giving alms or doing charitable work is expected.

HOLY WEEK SCHEDULE

DATE	TIME	EVENT
Sunday 14 April	Regular weekend Masses	PALM SUNDAY
Monday 15 April	7:30pm	CHRISM MASS – Cathedral
Thursday 18 April	7:30pm 9-11pm	HOLY THURSDAY <i>(No 11am morning Mass)</i> <ul style="list-style-type: none"> • Mass of the Lord's Supper • Solemn Adoration
Friday 19 April	9:30am 11:00am 3:00pm	GOOD FRIDAY <ul style="list-style-type: none"> • Children's Way of the Cross • Spanish Way of the Cross • The Passion of our Lord
Saturday 20 April	8:00pm After Easter Vigil	HOLY SATURDAY <ul style="list-style-type: none"> • Solemn Easter Vigil • Easter reception in main hall
Sunday 21 April	Regular Sunday Masses	EASTER SUNDAY

SUMMARY OF HOLY WEEK OBSERVANCES

Palm Sunday: Jesus' triumphal arrival in Jerusalem; the reading of His Passion.

Chrism Mass: Sacramental oils are consecrated at the Cathedral and distributed to all parishes.

Holy Thursday: The Mass of the Lord's Supper is celebrated. 12 parishioners have their feet washed in remembrance of Jesus' action of humility and service. The altar, symbolic of Christ, is silently stripped. The Blessed Sacrament is carried in procession to the Chapel for solemn Adoration.

Good Friday: Children's Way of the Cross in the morning. The Passion of Our Lord is celebrated at 3pm with liturgy of the Word and Communion, with hosts consecrated on Holy Thursday; followed by prayerful veneration of the Cross.

Easter Vigil is the night of all nights, rich in powerful and earthly symbolism: the new fire, the Paschal Candle, the Exultet, powerful Scripture readings about water and new creation. Alleluia rings out in a peal of bells. Christ is risen! Catechumens and Candidates are welcomed into the Church. Mass of the Resurrection is celebrated. The fast is broken at a parish reception following Mass.



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