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Bulletin of St Ignatius Parish: Supplement for 11 March 2018

LENTEN RECONCILIATION SCHEDULE at St Ignatius and Nearby Parishes

DATE	WEEKDAY	TIME	PARISH
14 March	Wednesday	7:00pm	St Vital
15 March	Thursday	7:00pm	St Gianna
17 March	Saturday	9:00am to 5:00pm	St Ignatius
20 March	Tuesday	7:00pm	Holy Rosary
21 March	Wednesday	9:30am	OLPH
21 March	Wednesday	7:00pm	St John Brebeuf
23 March	Friday	7:30pm	Our Lady of Victory



LENTEN FAST & ABSTINENCE, ALMSGIVING, and PENANCE

Latin Church Catholics are to observe fasting and abstinence during Lent under terms of the 1983 *Code of Canon Law*.

- **ABSTINENCE:** Catholics aged 14+ are expected to abstain from meat on **all Fridays of Lent** (and on Ash Wednesday). Eggs & fish don't count as meat.
- **FASTING:** Catholics aged 18-59 are expected to fast (one full meal and two "snacks" that don't add up to a full meal) on Ash Wednesday and **Good Friday**. Non-alcoholic drinks such as water or juice don't count as food, but liquids used as food – such as soups or smoothies – do.
- When you have a medical condition or are pregnant, travelling, or under unusual stress, these requirements may be relaxed.

In addition to fasting and abstinence, giving alms or doing charitable work is expected.

HOLY WEEK SCHEDULE

DATE	EVENT	TIME
Sun 25 March	PALM SUNDAY	Regular weekend Masses
Mon 26 March	CHRISM MASS – Cathedral	7:30pm
Thurs 29 March	HOLY THURSDAY • Mass of the Lord's Supper • Solemn Adoration (Chapel)	<i>(No 11am morning Mass)</i> 7:30pm 9pm to 11pm
Fri 30 March	GOOD FRIDAY • Children's Way of the Cross • Spanish Way of the Cross • The Passion of our Lord	9:30am 11:00am 3:00pm
Sat 31 March	HOLY SATURDAY • Solemn Easter Vigil • Easter reception in the main hall	8:00pm After Easter Vigil
Sun 1 April	EASTER SUNDAY	Regular Sunday Mass times

Palm Sunday: Jesus' triumphal arrival in Jerusalem; the reading of His Passion.

Chrism Mass: Sacramental oils are consecrated at the Cathedral and distributed to all parishes.

Holy Thursday: The Mass of the Lord's Supper is celebrated. 12 parishioners have their feet washed in remembrance of Jesus' action of humility and service. The altar, symbolic of Christ, is silently stripped. The Blessed Sacrament is carried in procession to the Chapel for solemn Adoration.

Good Friday: Children's Way of the Cross in the morning. The Passion of Our Lord is celebrated at 3pm with liturgy of the Word and Communion, with hosts consecrated on Holy Thursday; followed by prayerful veneration of the Cross.

Easter Vigil is the night of all nights, rich in powerful and earthly symbolism: the new fire, the Paschal Candle, the *Exultet*, powerful Scripture readings about water and new creation. *Alleluia* rings out in a peal of bells. Christ is risen! Catechumens and Candidates are welcomed into the Church. Mass of the Resurrection is celebrated. The fast is broken at a parish reception following Mass.



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